Five Reasons to Stop Saying “Good Job!” (***)
This point, you'll notice, is very different from a criticism that some people offer to the effect that we give kids too much approval, or give it too easily. They recommend

In short, "Good job!" doesn't reassure children; ultimately, it makes them feel less secure. It may even create a vicious circle such that the more we slather on the praise,

Lest there be any misunderstanding, the point here is not to call into question the importance of supporting and encouraging children, the need to love them and hug them and

If a child does something caring or generous, you might gently draw his attention to the effect of his action

Does praise motivate kids? Sure. It motivates kids to get praise. Alas, that's often at the expense of commitment to whatever they did that prompted the praise.

What kids do need is unconditional support, love with no strings attached. That's not just different from praise – it's the

Mary Budd Rowe, a researcher at the University of Florida, discovered that students who were praised lavishly by their teachers were more tentative in their responses, more

Plenty of books and articles advise us against relying on punishment, from spanking to forcible isolation ("time out"). Occasionally someone will even ask us to rethink the

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Apart from the issue of dependence, a child deserves to take delight in her accomplishments, to feel pride in what she's learned how to do.

To be sure, there are times when our evaluations are appropriate and our guidance is necessary — especially with toddlers and preschoolers. But a constant stream of value

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If you think we can do to solve this problems? It also helps effective solutions to solve problems and teaches that her ideas and feelings are important.

The reason praise can work in the short run is that young children are hungry for our approval. But we have a responsibility not to exploit that dependence for our own

It leads them to measure their worth in terms of what will lead them to praise or support. In essence, "Good job!" is more similar to the other child has enough to eat.

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For example, a child may share a snack with a friend in a way of attracting praise, or as a way of making

Getting kids to stop praising is not an easy habit to break. It can seem strange, at least at first, to stop praising; it can feel as though you're being chilly or withholding something. But

The good news is that you don't have to evaluate in order to encourage.

There's a difference between the phrase we say and the act of evaluating. What kids need is unconditional support, love with no strings attached.

We need to consider our

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